



2011 Basketball Rules

This league is based on NCAA rules, with a few extra rules and policies by U-Sports.

Roster

- Every Player must be at least 18yrs and up
- You can only have maxima of 12players on a team but league will only provide 10 shirts.
- You cannot add a new player to your team after week 4 No Player MAY NOT BE ADDED WEEK 5.
- You can pick up a player to make a full roster but you will be penalize for it more info down the page.
- League will provide game shirt any player that does not have there game shirts will receive technical foul and the opposing team will receive 3free throw for every person that does not have there shirt.

Game Time, Timeouts:

- Games are split in two 20mininute half the clock will run until the last 1minimute of the first half and 2 minute for the second half. That's when the game will go into stop time format.
- There is a 30second shot clock.
- There is a 10second shot clock to get the ball over half court.

- The First Overtime is 2 minutes running time. Any additional overtime will be 1 minute long. It is within the officials' discretion to call a game after the 2nd half or first overtime. If the official deems it necessary this will be recorded as a double win (most gyms have time constraints that we must abide by). =TIE.
- Each team is provided with 3 timeouts per game(40 second long)
- No carry over to Overtime.
- There is no timeouts in Overtime

Uniform

- Reasons these uniform rules are important- teams like to play against organized teams (teams with the exact color uniforms). It adds to the fantasy of playing a real game. Nobody wants to pay money to play against guys in four different shades of green.
- Captain are responsible to make sure every player bring there jersey (2 Free Throw Shot for every uniform missing) Must have a USL Logo.
- United Sports League will provide game shirt at these size for 10players (3L, 4xl , 3xxl) and we also provide the game #'s on shirt as following 2,4,10, 11, 21,23, 44, 33, 35, 7 Please register 2 weeks ahead to customize the uniforms to your need.

Unsportsmanlike Conduct will result in a technical foul, an ejection, and possibly a suspension.

- **If there is a strong disagreement with referees**, the captain needs to talk to the league director, 646-423-8853, not to the referee. Referees are not required to defend their officiating to players/spectators. Because there is no security, these referees are to be given total control. If you disagree with the officials at your game, please control your emotions and call our office during business hours 6pm-8pm Sun-Sat.
- **Physical confrontation-** Any player, manager, or person affiliated with a team physically confronting (poking, pushing, shoving, or the like) = suspended from

the league for a period of time. A blow or punch to any part of body will be grounds for a minimum of one-year suspension and possible permanent refusal of service. Any physical bump or action taken against an official, including aggressive confrontations is now a felony in New York State and punishable both civilly and criminally. Teammates need to keep players away from referees (physically). If a player is ejected teams must pay a fine of \$10 which is donated to the United Sports Youth League. No unsportsmanlike conduct no FINE. Plain and simple. All fines must be paid at the desk prior to their upcoming game.

- **Excessive verbal abuse** may be penalized for up to 2 games suspension and fine.

Special Note.

Every Game must be on time (Do Not Be Late or team will forfeit there game and have to pay a forfeit fee of \$50 prior to the next game)

1. **Dunking** is allowed only during a game and only if the court has breakaway rims. Dunking while warming up may result in a technical foul. Dunking in games is okay, but sometimes not advisable in a recreational league due to the possibility of getting undercut. ***NO HANGING ON THE RIM will be suspended if caught.***
2. **No jewelry** allowed (including rings). If you see that an opponent is wearing jewelry, please alert the referee.
3. **No tobacco chewing, no smoking, no profanity** anywhere in building and outside of some facilities.
4. **League suspensions** carry over to all leagues and tournaments that United Sports League runs.
5. **A team fight** is a league suspension with no refund. Players have a responsibility to control or restrain their own teammates. The key is to step in and help end a bad situation, before the league has to suspend, banish from the league or arrest a player. Your players need to control each other. The referees cannot prevent these situations as well as you can- as players/teammates.

6. **Substitutions** must be done on a dead ball only, by yelling 'sub!' during the dead ball.
7. **Players are foul out after 5 personal fouls. If a team have 5 player and 1 fouls out you can still play with 4, but if you have 4players and 1fouls out you will continue playing with 4 but every foul will count as technical foul two shot and the ball.**
8. **Not enough player Rule: If your team is unable to make a game or is short of players,.** You will have the choice to pick up players or take the forfeit .To pick up players there will be a penalty for that here is how it goes. If you need
 - 1 outside player your team will be down by -13
 - 2 outside players your team will be down by -20

HERE IS A EX: TEAM LEGENDS ONLY HAVE 3 PLAYER FOR TODAY'S GAME THERE SOME PLAYER ON THE COURT TEAM LEGEND CAN PICK 1 PLAYER UP TO HAVE THE U.S.L Minimum requirement of 4players but they will be down 10 nothing 10-0 to Team U.S.L .every addition player will be -10pts You can only do this if you are short of players. You can only pick up players if you are short of the minimum requirements unless the opponent team agrees to pick up additional player(s) to have 5 players on the court.

If a player is ejected for unsportsmanlike conduct, that player must sit on the bench for the remaining of the game if he pursuit to be a problem then he must leave the gym on his own. If player does not leave in a timely fashion, he may be suspended for the remainder of the season and the team may forfeit the game and face team suspensions for not enforcing the rules with their own players.

9. **Alcohol and Drug policy-** No player shall appear on the court under the influence of alcohol or drugs in such a manner as to not have control of his/her faculties to the extent that there is a chance of physical injury to him/her or others.
Minimum penalty: Ejection from facility and/or suspension from team's next scheduled game, and/or probation for remainder of season.

10. **Lost items:** United Sports League assumes no responsibility for lost or stolen property. Feel free to call us, as sometimes we do find some items (646) 423-8853

11. **No smoking in school facilities.**

12. **Season best record advantage:** The team with the best regular season record will be granted during the playoff with 2 free throw shots before the game ex: Team X record (7-3) vs. Hitmen (5-5) in the first rd playoff game Team x will take 2 free throw shots if made they will start the game 2-0 or 1-0 what ever fg made . This rule is enforce in certain season League organizer will make announcement before the first game.

PAYMENT + REGISTRATION POLICIES

1. At your first game, Please make sure your league balance is paid for before the first game of the season if payment is not made prior to week 4 team will be remove from the league without any refund .You must submit the team registration form prior to the first game
2. Registration requires that a team have 2 contacts personal. 'Contact person refers to someone on the team with an email address. The league will not be held responsible if a team does not receive a schedule change or an important notice, if that team that does not provide at least two working email contacts. Teams need to check their emails on game day. .
3. If a team brings a person into the league with an anger problem, the team is risking their own status in the league.
4. Every player must fill out score book and waiver form before starting the game. If a player is playing on the court without signing the score book and waiver forms that will be technical foul.

Special Note 2:

- Free Throw Lane is as following 6 players (four defensive, two offensive on lane)
- Please team be on time if you have a game at 10am be at the school at 9am league will start the clock after the 10min grace period time and for every minute a team is late the opponent teams will score 2 pts.
- Visit the Basketball Talk Now Blog on the website for update info.

We will keep updates on the league through www.unitedsportsleague.com were you will find standings, schedule and news on the league

ANY QUESTION YOU CAN EMAIL: INFO@UNITEDSPORTSLEAGUE.COM

“SEE YOU IN THE COURT”